

Christ Church Grosse Pointe



Tuesdays Together

Faith, Food, Fellowship and Formation

Christian YOGA for Children

April 17 and 24
May 1, 8 and 15
6:30-7:30 pm



A new 5-week series of yoga instruction for children led by Living Waters Yoga professional instructor, Sarah Holder.

Christian YOGA for Adults

April 24
May 1, 8 and 15
6:30-7:30 pm

Living Waters Yoga also leads mat yoga classes for adults here at Christ Church **Tuesday, April 24, May 1, 8 and 15, 6:30-7:30 pm.** \$13 per class.

Nursery Care — 5:45-7:45 pm

*To register, contact
Sarah Wheeler at
313.885.4841, ext. 115 or
swheeler@christchurchgp.org.*

5:30 pm — Holy Eucharist in the Chancel • 6 pm — Dinner in the Undercroft (\$5/person, \$15 family) • 6:30-7:30 pm — Christian programming for adults and children

FOR ADULTS — 6:30-7:30 PM

April 17

Play Like a Champion™ Today

If your child or grandchild is involved in youth sports or you are a teacher or youth sports coach, this seminar is for you. Developed by the University of Notre Dame's Institute for Educational Initiatives, it is designed to elevate the culture of youth sports and help foster moral character and spiritual development. Attendees will focus on the causes for concern as well as the tremendous benefits that exist within the youth sports culture. Led by Bill Matthews.

Discussion topics include:

- Winning vs. Playing
- Cardinal Values Learned Through Youth Team Competition
- Setting Attainable Performance Goals
- Fostering Healthy Relationships with Teammates, Opponents, Coaches and Officials
- Valuing Your Child's Experience

April 24, May 1 and 8

Borg and Friends

A chance to view and respond to some bracing, perhaps even disturbing, video presentations by Marcus Borg and colleagues. These presentations offer a re-thinking of some central Christian tenets.

April 24 – Resurrection (Andy MacBeth facilitates)

May 1 – Passion: The Message and Ministry of Paul (Denise Crenshaw facilitates)

May 8 – God and Politics – (Andy MacBeth facilitates).

May 15 (TBD)

May 22

End-of-Program-Year Cookout

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