

2010-11 Calendar for Christ Church Spirituality Center

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| <p><i>Pulling Down the Walls: Exploring Non-Violent Communication</i> Paul F. Walsh, CSB Saturday, Oct. 23, 2010 10:00 a.m.- 2:30 p.m. Undercroft \$45 [lunch incl./\$40 w/o lunch]</p> | <p>Ever leave a meeting frustrated and wondering what kept you and others from hearing each other? Are there interpersonal relationships that seem more like a mine field than common grounds for meaningful connection?</p> <p>Fr. Paul Walsh invites us to join him on a journey of disarming our ways of communicating in order to pull down the barriers to meaningful relationship. Taking cues from the work of Marshall Rosenberg, author and pioneer of <i>Non-Violent Communication</i>, Fr. Walsh will lead an interactive session exploring how to enhance your chances of meeting the profound human need to listen and be listened to in depth, and to get what we need from each other.</p> <p>Paul Walsh is a Basilian priest and pastor of Assumption Catholic Church in Windsor, ON. He is a Fellow of the Sustaining Pastoral Excellence initiative of Detroit's Ecumenical Theological Seminary and the Lilly Endowment.</p> |
| <p><i>Prayer In Motion</i> Janene Ternes Saturday, November 13, 2010 9:00 a.m. – 2:30 p.m. Lower Level Education Wing \$45 [lunch incl./\$40 w/o lunch]</p> | <p><i>Praying with Body, Mind & Spirit: Embracing Change</i> Janene Ternes brings back to us her gentle but probing use of simple body movements in conjunction with music, journaling and guided meditation. In the simplicity of the experience, Janene helps you to utilize your whole self – body, mind and spirit – to discover or re-cover the prayer that wants to come alive within you. This session will focus on the many changes of your life and how to savor the gifts in each of them. Change is a constant; what we do with it is a choice.</p> <p>Janene pursued her endorsement as a spiritual director and retreat leader at the Manresa Jesuit Retreat House of Bloomfield Hills. Her gentle presence and sensitive listening provide a safe place for prayer and opening ones' heart to God.</p> |
| <p><i>12-Step Spirituality in Everyday Life</i> John Franklin January 22, 2011 9:00 a.m. – 1:30 p.m. Undercroft \$45 [lunch incl./\$40 w/o lunch]</p> | <p>Somewhere along the way to helping recovering substance abusers, the 12-step program began to demonstrate unmistakable value for providing a spirituality that speaks to the whole human condition. This uniquely American contribution to the long tradition of Western spiritualities [Richard Rohr's comment] offers a direct, "down-to-earth" practicality to discovering the spiritual realities at stake in our daily choices</p> <p>John Franklin, is an Episcopal priest, a practicing substance abuse counselor, and an academic, who recently retired from the University of Detroit/Mercy as a Professor of Counseling/Addiction Studies.</p> |
| <p><i>The Enneagram at Lent: A Guide to the Inward Journey</i> Su Hansen March 12, 2011 9:00 a.m.- 1:30 p.m. \$45 [lunch incl./\$40 w/o lunch]</p> | <p>Observing Lent is an invitation to make an inward journey, and the enneagram is a unique resource for doing so. It addresses nine [ennea=Greek for 9] basic "disconnects" humans are prone to make with consequences for our personality and relationships. Recognizable patterns of thinking and behaving that follow these "discon-</p> |

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| | <p>nects” are designated as types in the enneagram. In this workshop, Su will help you decide which type best describes you. She will then direct you to wisdom distilled from this tool for use in your journey inward that can empower you to “reconnect” with important aspects of the truth by which God wishes to set you free.</p> <p>Su Hansen is a certified teacher of the Enneagram in the Narrative Tradition. She also uses the enneagram extensively in her psychotherapy practice as well as an aid for spiritual and personal growth.</p> |
| <p><i>Open Air Prayer Labyrinth</i> May 1, 2011 Lawn near the Rose Garden [weather permitting – or else in the Undercroft] 2-4:00 p.m. Free Will Contribution</p> | <p>Observing International Prayer Labyrinth Day</p> |